

**LifeCare Holdings, Inc.**

**For Immediate Release**

**Phil Douglas Elected ALTHA President**

*LifeCare Hospitals President to lead Acute Long Term Hospital Association*

**PLANO, Texas (October 5, 2009)** – The Board of Directors for the Acute Long Term Hospital Association (ALTHA) recently elected Phillip B. Douglas as board president of the organization. Douglas, a director of ALTHA, also serves as president of LifeCare Management Services, a network of 19 specialty acute care hospitals in nine states.

A health care executive for nearly three decades, Douglas has led health care services and IT solutions companies nationwide. Prior to joining LifeCare in 2006, Douglas co-founded HealthSpring, a physician practice management company, which was subsequently acquired by the MetraHealth Companies, and later by UnitedHealth Group, where he served as senior vice president of finance for the combined companies. He later founded Management and Technology Solutions, Inc., a health information technology company, which was acquired by the TriZetto Group.

“I am grateful for the support of my colleagues on the Board of ALTHA who have elected me to this position,” said Douglas. “I look forward to a challenging year.”

As president of ALTHA, Douglas will carry on the organization’s focus to promote legislation to greatly stabilize the regulatory environment of LTAC hospitals. ALTHA is currently conducting a study with the National Association of Long Term hospitals to identify industry best practices and clinical standards, which they view as an important step toward establishing patient and facility criteria for the LTACH industry.

“Because of his experience and extensive relationships in the national health care industry, Phil is uniquely positioned to help strengthen the LTAC hospital community by encouraging unity among ALTHA members and helping us work more closely with the American Hospital Association, the Federation of American Hospitals and the National Association of Long Term Hospitals,” said William Walters, ALTHA’s Washington-based chief executive. “We share Phil’s belief that LTAC hospital unity is a key prerequisite in working successfully with Medicare and other health plans.”

Headquartered at 5560 Tennyson Pkwy in Plano, the LifeCare Hospitals network includes 19 specialty acute care hospitals in nine states, designed to treat medically complex patients who require acute care hospital services for an extended period of time. To learn more about LifeCare Hospitals, please call (469) 241-2100 or visit us on the Web at [www.lifecare-hospitals.com](http://www.lifecare-hospitals.com).

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**ABOUT ALTHA**

ALTHA is the Washington-based trade association of Long Term Acute Care (LTAC) hospitals, representing three-quarters of this health care provider community. ALTHA's primary mission is to protect patient access to the unique care our hospitals provide. ALTHA also serves as an educational resource for clinicians and executives who serve in our member facilities. ALTHA works to continuously improve the quality of care by sharing and improving best practices among its hospital members. For more information, please visit <http://www.altha.org/>.

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